Our SBIRT JJ Model

Equal parts prevention, intervention, assessment

- Addresses the role of caregiver support and attitudes
- Trusts youth as key decision makers
- Based on motivational interviewing principles
- Situates substance use and mental health symptoms in the context of goals
- Youth-centered, strength-based and collaborative

Guiding research questions:

- Does SBIRT-JJ allow program staff to provide accurate mental health and substance use referrals?
- Does SBIRT-JJ lead to positive behavioral health, youth development, and juvenile justice outcomes for youth?
- Does SBIRT-JJ shift program staff views of behavioral health problems among youth?
- Is SBIRT-JJ an effective screening, intervention and triage tool for youth in juvenile justice diversion settings?

Screening is a 13-items and combines the Global Appraisal of Individual Needs Short Screener (GAIN-SS) and a strength based survey

Brief Intervention is a manualized approach to deliver two youth only sessions, one individual caregiver session, and one youth and caregiver joint session. It is based on Motivational Interviewing principles

Referral To Treatment includes referral to assessment, behavioral health services and supports, and/or other community supports

Evaluation includes:
- 500 youth to participate in the evaluation
- Baseline, 3- and 6-month follow up
- Qualitative and quantitative methods

We appreciate the youth, families, and project staff who have helped with implementation. We also appreciate the support from the Conrad N. Hilton Foundation to help us develop, implement, and evaluate Reclaiming Futures’ version of SBIRT.

The views expressed here are the authors, and do not necessarily represent the official policies of the funding entity nor does the mention of trade names, commercial practices, individuals, or organizations imply endorsement by the funding entities.

For more information please contact
Evan Elkin at eelkin@dcdx.edu

Reclaiming Futures Sites

Reclaiming Futures’ version of Brief Intervention – Session Sequence

Youth Sessions 1

Youth with Caregiver

Caregiver Session

Youth Sessions 2