## Optimizing the EHR to support SBIRT

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Funded by the Substance Abuse and Mental Health Services Administration



## Website: sbirtoregon.org

- Demonstration videos
- Screening forms
- Billing code information
- Pocket cards and tools
- Documentation examples
- Role play handouts and slides



SBIRT (Screening, Brief Intervention, Referral to Treatment) represents an innovative, evidence based approach to addressing unhealthy alcohol use with medical patients. Its core components include:

- Regular and universal screening in the medical setting, regardless of medical complaint
- Systematic use of validated/standardized screening instruments.
- Consideration of substance use as a continuum, rather than a dichotomous "dependent versus not dependent" judgment.
- Use of patient-centered change talk versus directive, prescriptive talk.
- Facilitating smooth, bidirectional transitions between primary care and specialty addiction treatment.

While SBI towards adult alcohol use ranks among the highest-performing preventive services based on cost effectiveness and health impact, it also remains among the least implemented. Common perceived barriers include limited time during the patient visit, lack of knowledge and training, fearing negative patient reactions, and feeling uncomfortable discussing substance use.

This website presents information and tools designed to counter these barriers, and emphasizes a team-based approach to implementing SDIRT processes. It also includes patient drug use, despite evidence that brief interventions towards drug use may not show an affect.

This website is designed to assist primary care clinics meet the Coordinated Care Organization (CCO) incentive measure in Oregon, as well as hospitals meet the Emergency Department (ED) performance measure.













- 1. What we want the EHR to do
- 2. Previous experience with EHR optimization
- Examples of specific tools built in Epic
  - Health Maintenance function
  - Best Practice Advisories
  - Flowsheets
  - SmartPhrases
- 4. Lessons learned





### What do we want our EHR to do?

- Facilitate SBIRT workflow
- Track SBIRT processes
- Document and bill appropriately

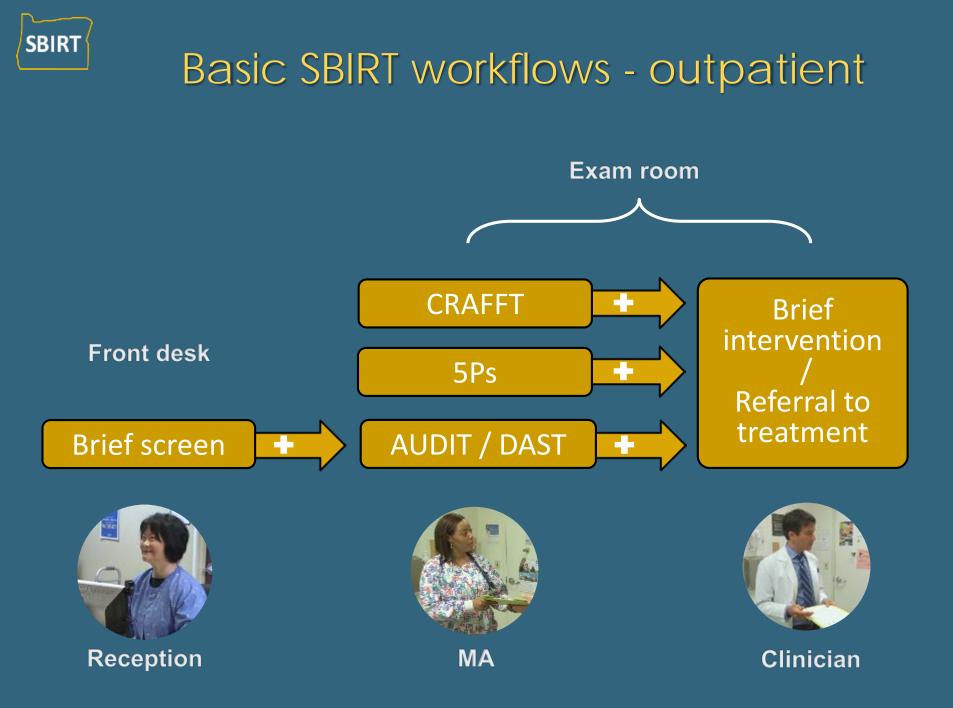


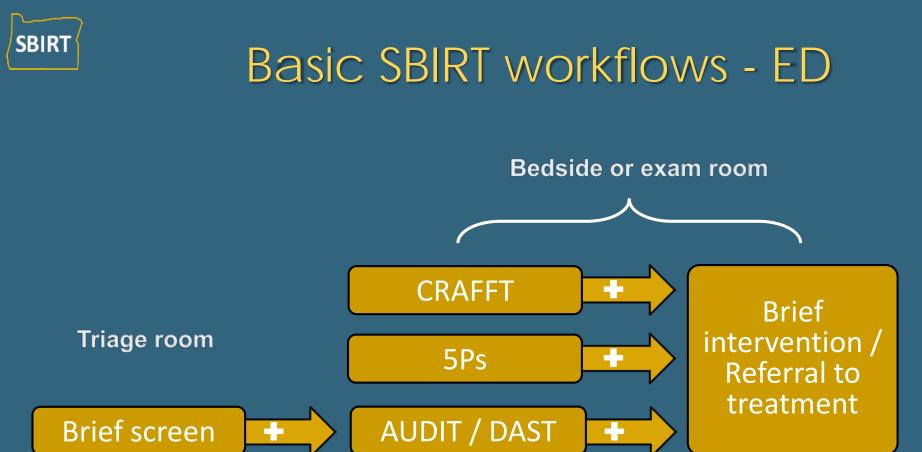


## Specifically, what we want our EHR to do:

- Apply across depts. within system
- Alert when and which screening tool is due
- Record screening tool score/answers/category
- Alert when/what intervention is indicated

- Automatically populate progress note
- Apply correct billing and diagnosis codes
- Print patient handouts
- Produce reports
- Sync with patient portal and tablet screening







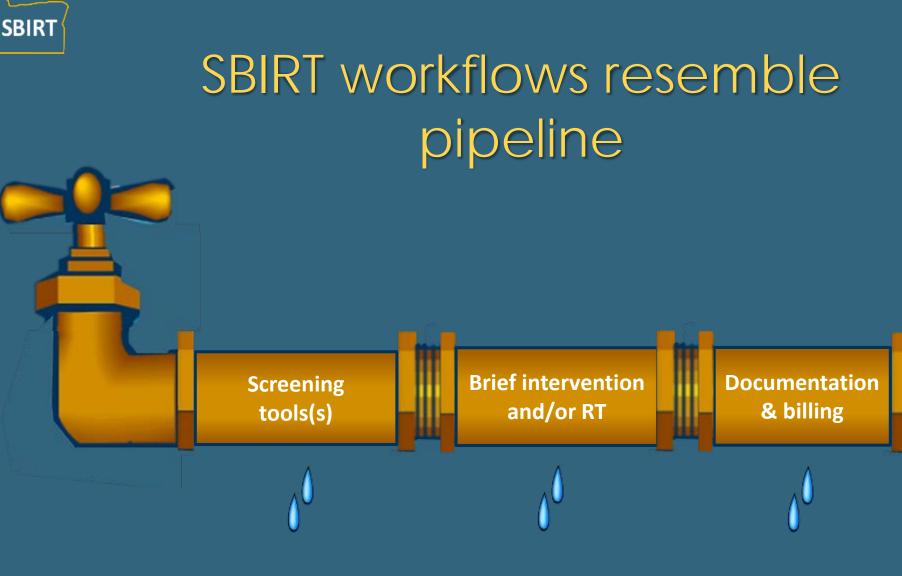
Nurse



Nurse or Social worker



Social worker



Step(s) not always performed or captured in the EHR.



# Keys to implementing a sustainable SBIRT workflow

- Secure buy-in from leadership
- 2. Identify workflow
- 3. Optimize EHR
- 4. Train all staff involved
- 5. Identify champions
- Utilize clinic tools (pocket cards, sheets, handouts)





### My experience helping design SBIRT tools in the EHR

# SAMHSA project, 2008-20134 EHRs across 7 outpatient clinics in Oregon

### OCHIN, 2014

• 1 EHR across 100 FQHCs around the country

OHSU Epic, 2015

 1 EHR across 5 departments in teaching hospital





## SAMHSA SBIRT Training project, 2008-2013

- Primary Care Resident Training Initiative
- 7 primary care clinics
- 5 EHRs: OCHIN Epic, OHSU Epic, Centricity, and Meditech
- Goal: track 4 separate SBIRT steps for project evaluation





## OCHIN Epic project, 2014

- OCHIN: Collaborative of over 100 CHCs and FQHCs
- All share Epic EHR
- 2014 Grant from CareOregon (CCO)
- Goal: "improve SBIRT & depression tools and workflows"

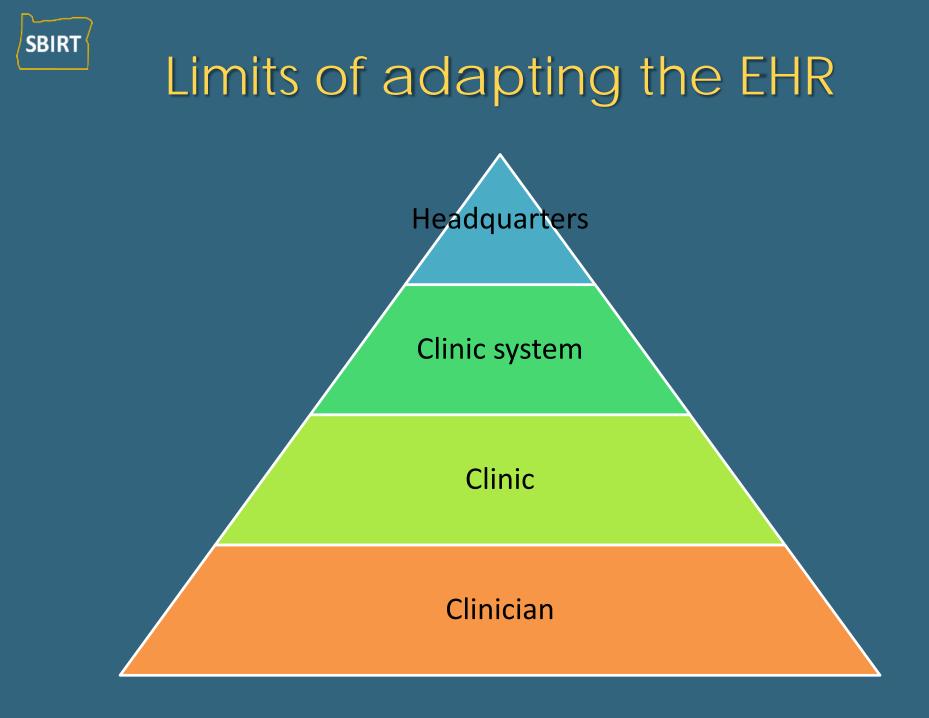




## OHSU Epic project, 2015

- OHSU: large teaching hospital in Portland
- Goal: help multiple depts. achieve Medicaid SBIRT performance metrics
- Dept. of Informatics took on project







## Applying SBIRT EHR tools across depts.

	Patient populations			Likely SBIRT
	Adults	Adol.	Preg.	users of EHR
Family Medicine	Х	Х	Х	Reception, MAs, and Clinicians, & BH
Internal Medicine	Х			Reception, MAs, and Clinicians, & BH
Pediatrics		Х		MAs and Clinicians
Emergency Depts.	х	Х	х	Nurses and BH
OB/Gyn			х	Clinicians and BH
Inpatient	х	х	х	Nurses and BH



## Screening tools

### **Adults**

### Adolescents

### Pregnancy

#### **Brief screen**

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### AUDIT DAST

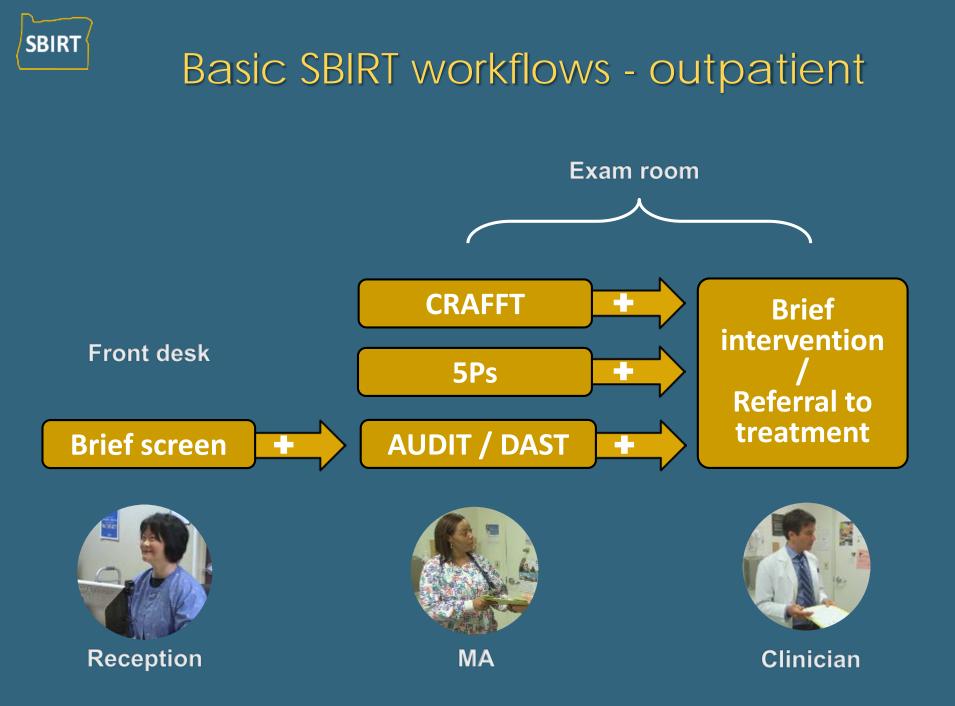
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<ol> <li>Do any of your friends have a problem with alcohol or other drug use?</li> </ol>	PLUS	L_)YES				⊡N0
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Did you Provide writter information?						

#### www.sbirtoregon.org





## Reception: alert when brief screen is due



#### **Brief screen**

Ammuni questionnaire Ours a yea, all our patients are ailed to complete fais from because from we, advanti use, and mood can affect your boths at well as modulation you may take. Please help as parvice you with the best modulat one by anomening the questions below.	Potients Date-of	
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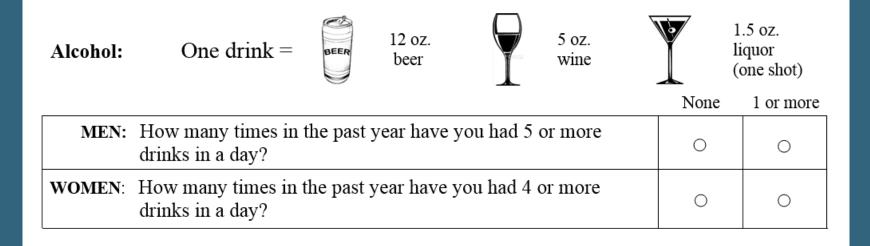
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	<b>Manager</b>	1.00
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Maod:	Na	Tes
During the past two works, have you been hothered by little interest or pleasare in doing things?	D	0
During the part two works, have you been bothered by fireling down, dependent, or hep-dent?	D	0



### Adult brief screen



**Drugs:** Recreational drugs include methamphetamines (speed, crystal) cannabis (marijuana, pot), inhalants (paint thinner, aerosol, glue), tranquilizers (Valium), barbiturates, cocaine, ecstasy, hallucinogens (LSD, mushrooms), or narcotics (heroin).

	None	1 or more
How many times in the past year have you used a recreational drug or used a prescription medication for nonmedical reasons?	0	0



### Manual method: patient messaging box

		🖑 Edit Patient Messages 🛛 🗙	
Арр	ointment Desk 1	Message text:	
Make	🖆 🛛 🗮 e Appt <u>Q</u> uick Appt	Annual Screening next due on 7/9/10	
+	Patient Dem		Pati <u>e</u> nt Options 🥆
+ € ⊗	Preferred Name: Pt. Address: City/State/Zip: Home Phone: Cell Phone: E-mail: ADT Status:	Departments         1       CAR VASC HLTH CHH [203430015]         Priority:       Expiration date:         Normal [1]       7/9/2059         Accept       Cancel	Image: Second state st
		Data Tina Lan Dant	- 💰 Patient Messages
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### Automatic method: Department Appt Report

	Eull Appointment List Appointment Totals							
ſ	Date 10/10/2014 Department: COMBINED							
			,					
	AVS Printed	Timê	SBIRT HM Status	PHQ9 HM Status	Гуре	Prov/Res	Status	Appt Notes
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		9:00 AM	3	2	O∨ [1]	FAIRBAN LEE, KIM [61386] LS TO BOOK INTERPR [600169]	Sch	discuss bc, depo given 9/9/14



### Automatic method: Department Provider Schedule

Appt Status Chart	SBIRT	PHQ9
Sch	Overdue	Overdue
Sch	Overdue	Overdue
Sch	Overdue	Overdue



### Health Maintenance function in Epic

- Tracks when a pt service is overdue
- SBIRT HM is updated when:
  - Screening tool answers are recorded on Flowsheet or SmartPhrase
- Automatically updates on a nightly run





### Reception gives pt brief screen





### Pt completes in waiting room





### MA collects brief screen when rooming pt



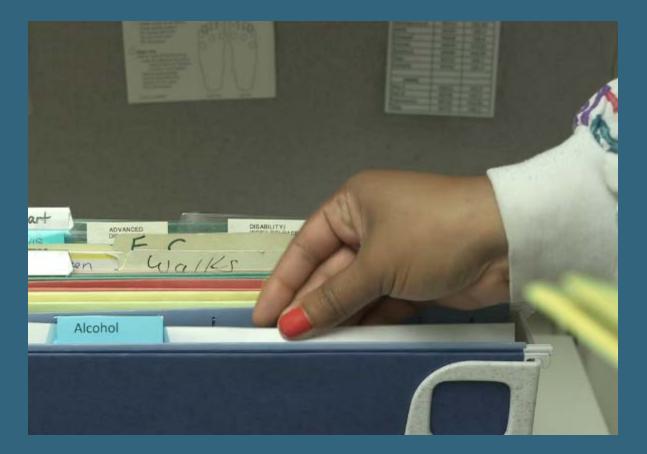


### MA scores brief screen during rooming





### If positive, MA locates AUDIT or DAST form



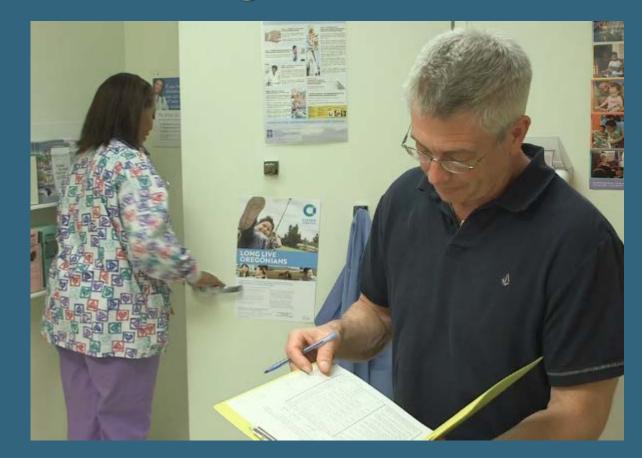


### gives to pt





### pt completes form while waiting for clinician



One drink couple: latted	2 oz. eer	5 oz. wine	Y	l.5 oz. liquor (one sh	ot)
1. How often do you have a drink containing alcohol?	Never	Monthly or less	2 - 4 times a month	2 - 3 times a week	4 or more times a week
2. How many drinks containing alcohol do you have on a typical day when you are drinking?	0 - 2	3 or 4	5 or 6	7-9	10 or more
3. How often do you have four or more drinks on one occasion?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
4. How often during the last year have you found that you were not able to stop drinking once you had started?	Never	Less than monthly	Monthly	Weekty	Daily or almost daily
5. How often during the last year have you failed to do what was normally expected of you because of drinking?	Never	Less than monthly	Monthly	Weekty	Daily or almost daily
6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
7. How often during the last year have you had a feeling of guilt or remorse after drinking?	Never	Less than monthly	Monthly	Weekty	Daily or almost daily
8. How often during the last year have you been unable to remember what happened the night before because of your drinking?	Never	Less than monthly	Monthly	Weekty	Daily or almost daily
9. Have you or someone else been injured because of your drinking?	No		Yes, but not in the last year		Yes, in the last year
10. Has a relative, friend, doctor, or other health care worker been concerned about your drinking or suggested you cut down?	No		Yes, but not in the last year		Yes, in the last year
	U	1	2	3	4

AUDIT



Scoring the AUDIT

Score	Zone	Action
0-3: Women 0-4: Men	I – Low Risk	Brief education
4-12: Women 5-14: Men	II – Risky	Brief intervention
13-19: Women 15-19: Men	III – Harmful	Brief intervention or Referral to specialized treatment
20+: Men 20+: Women	IV – Severe	Referral to specialized treatment



## Clinician greets pt and addresses reason for visit





### Later, asks permission to score AUDIT





### BPA alert for brief intervention

- If data from AUDIT entered into Flowsheet before clinician sees pt, then BPA (Best Practice Advisory) triggered
- BPA is part of the "Visit navigator" section of the EHR
- Not currently a "pop-up"
- Some clinics leave the completed paper AUDIT or DAST in exam room or outside door for the clinician as a visual cue





### Clinician performs BI/RT if indicated





#### Clinician documents in note using SmartPhrase





# SmartPhrases

- Also known as DotPhrases
- Automatically populate progress notes
- Uses language that meets billing requirements
- Can contain reportable data elements





#### Smart Phrase example - AUDIT

The pt was given a <u>AUDIT</u> screening form(s) today and the score(s) placed the pt into the <u>Low risk</u> zone of use.

We did not discuss this further because the patient's low risk did not warrant further discussion.

#### CPT 99420 automatically applied



# Screening codes

Service	Payer	Code	Description
Full screen only	Medicaid & Commercial	СРТ 99420	<ul> <li>Administration and interpretation of a full screen.</li> </ul>
Full screen plus brief intervention	Med & Comm.	CPT 99408	<ul> <li>15-30 minutes spent administrating and interpreting a full screen, plus performing a brief intervention.</li> </ul>
	Med & Comm.	СРТ 99409	<ul> <li>Same as above,</li> <li>≥ 30 minutes.</li> </ul>



#### Smart Phrase example - AUDIT

The pt was given a <u>AUDIT</u> screening form today. The score placed the pt into the <u>Harmful</u> zone of use.

In discussing this issue, my medical advice was that the pt abstain. The pt's readiness to change was 7 on a scale of 0 - 10. We explored why it was not a lower number and discussed the patient's own motivation for change.

The pt agreed to <u>abstain from use</u> and to make a follow up appt in <u>6</u> weeks.

Total clinic time administering and interpreting the screening form, plus performing a face-to-face brief intervention with the pt was less than 15 minutes.

<15 mins = CPT 99420 >15 mins = CPT 99408 >30 mins = CPT 99409



# Rooming staff: Alerting when CRAFFT is due



- MA can check provider schedule
- Or check BestPractice Section of Visit Navigator
- Overdue HM will fire the BPA.



#### BPA when CRAFFT is due

SBIRT-CRAFFT or Depression Annual Screen HM Overdue. Please complete screening workflows. (SBIRT & CRAFFT ANNUAL ALCOHOL AND DRUG SCREEN last satisfied: Not on file) (DEPRESSION ANNUAL SCREEN last satisfied: Not on file)

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Med Documentation Service Verify Rx Benefits	
Outside Meds	Refresh Last refreshed on 10/10/2014 at 3:42 PM
Disclaimer S	Restore 🗸 Close F9 🕈 Next F8
BestPractice	



#### CRAFFT

In the last 12 months, did you:	No	If you	Yes	If you
Drink any alcohol (more than a few sips)?	ך 🗆	answered No to all		answered Yes to any
Smoke, vape or eat any kind of marijuana?		three questions,		questions, answer
Use anything else to get high?		answer #1 below.		questions #1-6 below
		No	Yes	
<ol> <li>Have you ever ridden in a car driven by someone (incluyourself) who was "high" or had been using alcohol or</li> </ol>				<b>↓</b>
2. Do you ever use alcohol or drugs to relax, feel better al yourself, or fit in?	bout			•
3. Do you ever use alcohol or drugs while you are by you alone?	rself, or			•
4. Do you ever forget things you did while using alcohol	or drugs?			•
5. Do your family or friends ever tell you that you should on your drinking or drug use?	l cut down			•
6. Have you ever gotten into trouble while you were usin or drugs?	g alcohol			•



#### Interpreting the CRAFFT

Score Risk		Recommended action	
"No" to 3 opening questions	Low risk	Positive reinforcement	
"Yes" to car question	Driving/Riding risk	Discuss plan to avoid driving after alcohol or drug use or riding with a driver who has been using alcohol or drugs (Consider offering Contract for Life)	
CRAFFT score = 0		Brief advice	
CRAFFT score = 1	Moderate risk	Brief intervention	
CRAFFT score ≥ 2	High risk	Consider referral for further assessment	



#### SmartPhrase example: CRAFFT

The pt completed a <u>CRAFFT</u> screening tool today and the scored <u>Low risk</u>. The patient answered <u>No</u> to the Car question. I shared these results and recommended the patient abstain from using substances, drive while impaired, or ride with an impaired driver.

#### CPT 99420 automatically applied

#### SBIRT

#### SmartPhrase example: CRAFFT

The pt completed a <u>CRAFFT</u> screening tool today and the scored <u>Moderate risk</u>. The patient answered <u>No</u> to the Car question.

I shared these results and recommended the patient abstain from using substances, drive while impaired, or ride with an impaired driver.

The pt's readiness to change was <u>3</u> on a scale of 0 - 10. We explored why it was not a lower number and discussed the patient's own motivation for change.

The patient agreed to discuss substance use with a trusted adult.

Total clinic time administering and interpreting the screening form, plus performing a face-to-face brief intervention with the pt was <u>less than 15</u> minutes.

<15 mins = CPT 99420 >15 mins = CPT 99408 >30 mins = CPT 99409



# Website: sbirtoregon.org

 SmartPhrase examples on the Billing and documentation page

me v	SBIRT Screening calification forms	Clinic tuels	Training curriculum	Video demonstrations	Billing and Co documentation
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In discuss	ng this issue, my medical ad	vice was that the p	• ab • cv ih • cy	t back to no more than - to 14 per week (men).	i drinis in one day and no mor i drinks in one day and no mor ir x65)
	if sreadiness to change we the patient's own motivatio		of 0 - 10. Wee	explored why it was not	a lower number and
The paties	<ul> <li>abstain fi</li> <li>porticipa</li> <li>accept a</li> </ul>	te in a 12-step prog referral to	naviti.	its. tent options: 1-800-943	-0505
	time administering stid into patient was minu Loss then L5 to 30 Greater a	15	ing form, plai	performing a face-to-be	ce brief intervention



#### Clinician completes visit





#### Clinician drops off AUDIT form





#### Clinician drops off AUDIT form





#### Later, data from the AUDIT and Brief screen are entered in the EHR





#### Flowsheet function in Epic

- Previously called "Doc Flowsheets"
- Records answers to screening tools
- Updates HM

SASQ - Single Alcohol Screening Question	
🙀 How many times in the past year have you had 5 or more drinks (men) or 4 or more drinks (women)	
SSASQ - Single Substance Abuse Screening Question	
How many times in the past year have you used a recreational drug or used a prescription	
AUDIT - Alcohol Use Disorders Identification Test	
How often do you have a drink containing alcohol?	
How many drinks containing alcohol do you have on a typical day when you are drinking?	
How often do you have 6 more drinks on one occasion?	
How often during the last year have you found that you were not able to stop drinking once you had	
How often during the last year have you failed to do what was normally expected from you because of	
How often during the last year have you needed a first drink in the morning to get yourself going after a	
How often during the last year have you had a feeling of guilt or remorse after drinking?	
How often during the last year have you been unable to remember what happened the night before	
Have you or someone else been injured as a result of your drinking?	
Has a relative or friend or a doctor or another health worker been concerned about your drinking or	
AUDIT Total Score (Auto Calculated)	
AUDIT Total Score (Manual Entry)	
Risk Zone:	



## SBIRT Flowsheet

SASQ - Single Alcohol Screening Question	
How many times in the past year have you had 5 or more drinks (men) or 4 or more drinks (women)	1
SSASQ - Single Substance Abuse Screening Question	
How many times in the past year have you used a recreational drug or used a prescription	0
AUDIT - Alcohol Use Disorders Identification Test	
How often do you have a drink containing alcohol?	3
How many drinks containing alcohol do you have on a typical day when you are drinking?	2
How often do you have 6 more drinks on one occasion?	3
How often during the last year have you found that you were not able to stop drinking once you had	1
How often during the last year have you failed to do what was normally expected from you because of	1
How often during the last year have you needed a first drink in the morning to get yourself going after a	1
How often during the last year have you had a feeling of guilt or remorse after drinking?	1
How often during the last year have you been unable to remember what happened the night before	1
Have you or someone else been injured as a result of your drinking?	0
Has a relative or friend or a doctor or another health worker been concerned about your drinking or	0
AUDIT Total Score (Auto Calculated)	13
AUDIT Total Score (Manual Entry)	
Risk Zone:	Risky



## SBIRT Flowsheet

SASQ - Single Alcohol Screening Question	
How many times in the past year have you had 5 or more drinks (men) or 4 or more drinks (women)	0
SSASQ - Single Substance Abuse Screening Question	
How many times in the past year have you used a recreational drug or used a prescription	1
DAST - Drug Use Screening Test	
Have you used drugs other than those required for medical reasons?	1
Do you abuse more than one drug at a time?	0
Are you unable to stop using drugs when you want to?	0
Have you had "blackouts" or "flashbacks" as a result of drug use?	0
Do you ever feel bad or guilty about your drug use?	0
Does your spouse (or parents) ever complain about your involvement with drugs?	0
Have you negelected your family because of your use of drugs?	0
Have you engaged in illegal activities in order to obtain drugs?	1
Have you ever experienced withdrawal symptoms (felt sick) when you stopped taking drugs?	0
Have you had medical problems as a result of your drug use (e.g. memory loss, hepatitis, convulsions,	0
🙀 DAST-10 Total Risk Category (Auto Calculated w revised Q3)	2
DAST Total Risk Category (Manual Entry)	
Zone of Use:	Risky



# Specifically, what we want our EHR to do:

- Apply across depts. within system
- Alert when and which screening tool is due
- Record screening tool score/answers/category
- Alert when/what intervention is indicated

- Automatically populate progress note
- Apply correct billing and diagnosis codes
- Print patient handouts
- Produce reports
- Sync with patient portal and tablet screening



## Patient handouts

- 2-4 pages each
- Based on substance and population
- Experimental stage
- Hyperlink in SmartPhrase may be best option
- Available for download on website





## SBIRT reporting from the EHR

- Sources for data: Flowsheet and SmartPhrase
- Useful for internal QI purposes, or outside performance metrics

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2	ITEM_ID	📲 🕂 🕂 Į F_USES	#OfficeVisits 💌	Utilization 💌	Term 💌	
3	AUDIT	3	3737	0.08%	9/1/2013	
-4	AUDIT	2	4865	0.04%	9/8/2013	
5	AUDIT	2	4627	0.04%	9/15/2013	
6	AUDIT	4	4708	0.08%	9/22/2013	
7	AUDIT	6	4929	0.12%	9/29/2013	
8	AUDIT	4	5081	0.08%	10/6/2013	
9	AUDIT	3	5060	0.06%	10/13/2013	
10	AUDIT	8	5355	0.15%	10/20/2013	
11	AUDIT	15	4850	0.31%	10/27/2013	
12	AUDIT	24	5012	0.48%	11/3/2013	
13	AUDIT	20	4756	0.42%	11/10/2013	
14	AUDIT	15	5324	0.28%	11/17/2013	
15	AUDIT	8	3484	0.23%	11/24/2013	
16	AUDIT	20	4833	0.41%	12/1/2013	
17	AUDIT	18	4802	0.37%	12/8/2013	
18	AUDIT	21	5083	0.41%	12/15/2013	
19	AUDIT	6	2920	0.21%	12/22/2013	
20	AUDIT	16	3741	0.43%	12/29/2013	
21	AUDIT	28	6081	0.46%	1/5/2014	
22	AUDIT	22	6152	0.36%	1/12/2014	
23	AUDIT	19	5399	0.35%	1/19/2014	
24	AUDIT	27	5946	0.45%	1/26/2014	
25	AUDIT	18	5173	0.35%	2/2/2014	
26	AUDIT	41	5640	0.73%	2/9/2014	
20	NUDIT	41	5040	0.73%	2/9/2014	



#### Possible SBIRT QI measures

Clinic Measure	Measure ratio	%
Brief screen rate	Pts >18 years presenting at clinic and given brief screen Pts >18 years presenting at clinic who have not received brief screen in last year	75%
Full screen rate	Pts who received AUDIT or DAST Patients who screen positive on brief screen	85%
Brief intervention rate	Patients who score in Zone II, or higher and received a brief intervention Patients who score in Zone II or higher	75%
Referral rate	Patients who score in Zone IV and are advised to seek treatment Patients who score in Zone IV	



# Syncing with tablet and portal screening

- Still in experimental stage
- Obvious advantages:
  - Skip patterns, sync with EHR, no paper forms
- Complex to work as envisioned
- Definitely the future
- "MyChart" sends screening tools





# EHR tools built and released over time

**OCHIN** project:

Jan. 2014: SBIRT Flowsheet and HM function created

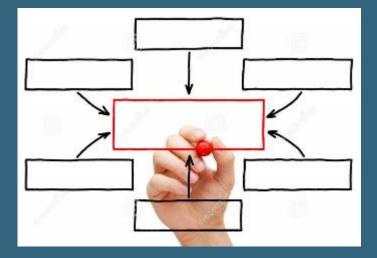
May 2014: BPAs for clinician and rooming staff created

Oct. 2014: SmartPhrase created



#### Lessons learned

- Significant time and \$ needed for technology expertise FTE
- Dependent on feedback from practicing clinic team members
- Tools need ongoing, small changes to reflect new rules, reporting
- Training needed to use new tools





# Thanks!

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